

morpheus

MEDICAL AESTHETICS

BEFORE & AFTER YOUR CO2RE® INTIMA PROCEDURE

BEFORE A CO2RE® INTIMA PROCEDURE:

- Avoid the use of NSAIDs (aspirin, ibuprofen, naproxen, etc.) during your treatment series because all anti-inflammatory medications affect the effectiveness of the procedure (we want inflammation post-treatment).
- If you want to treat the external genital region, please shave the area at least 48 hours before your appointment and apply numbing cream/ointment there too.
- On the day of your appointment, approximately 30 minutes before your appointment: place a thin layer of topical numbing in the genital region. Numbing should be applied to internal and external vaginal lips. A very small amount of numbing medication may be applied inside the opening of the vagina, but not deep inside.
- Please arrive at your appointment with numbing medication already applied

CO2RE® INTIMA AFTERCARE INSTRUCTIONS:

- After the treatment you may apply a gentle water-based moisturizer petroleum-based ointment (such as Aquaphor, Eucerin, or the provided Elta MD Laser Balm) to the affected area.
- Ice can be applied to the affected area for twenty minutes per hour if needed for relief of symptoms, beginning eight hours after treatment.
- Gently cleanse the external genitals with mild soap and water twice per day.
- Avoid sexual intercourse for one week following treatment.
- Do not place anything in the vagina (tampons, pessaries, douches, etc.) for one week following treatment.
- Refrain from using tub baths, Jacuzzis, or swimming until skin is completely healed.
- Tenderness during healing can be addressed with over-the-counter pain medication. If your pain level exceeds that which can be managed by such methods, please contact this office.
- Avoid the use of aspirin, ibuprofen, and other NSAIDs during the treatment period.