

# After Your Neuromodulator Treatment

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If you received **Botox, Dysport or Xeomin** today:

- The small red bumps where the injections were placed will resolve in 15-30 minutes.
- Bruising that may have occurred at the injection sites may take up to 2 weeks to heal.
- Ice and/or Arnica gel will assist in healing of any bruising.
- The sites of injection may be tender to touch for the first 3-5 days.
- You may experience a mild headache for the first 3 days, you can take Tylenol as needed for comfort.
- Avoid strenuous exercise or laying down for 4 hours.
- Avoid alcohol, Aspirin, and Ibuprofen for the first 24 hours.
- Do not massage areas of treatment.
- Do not wear a tight hat or visor for the first 24 hours.

## **Results ARE NOT IMMEDIATE**

- Botox takes 10-14 days for full effect.
- Dysport and Xeomin takes 3-5 days full effect.
- Evaluation and any necessary adjustments will be treated after this timeframe.

## **WHEN TO CALL**

If you experience:

- Difficulty fully opening your upper eyelid.
- An asymmetry of brows or facial expressions.