

AFTER A CLEAR+BRILLIANT PROCEDURE

- After treatment use a mild moisturizer (Ex: ZO) or a thin layer of petrolatum ointment. Use petrolatum ointment to cover area and keep moist.
- You may cleanse your face with a mild cleanser after treatment and continue to cleanse and moisturize your face for the next few days.
- DO NOT scrub, rub, pick or use exfoliants on your face for the next few days and as your skin begins to slough.
- Keep the treated area clean, avoid smoking and alcohol consumption, heavy exercise, swimming or exposure to the sun and or heat.
- All skin care products used for the first week to two weeks, while skin is healing, should be non-irritating and non-clogging. (ex: Aveeno, Dove, Neutrogena, Cetaphil)
- DO NOT use products containing glycolic acids or Retin A while the skin is healing (up to 2 weeks).
- **Wear sunscreen daily and re-apply as needed. Sunscreen should offer broadband protection (UVA and UVB) and have a sun protection factor of 30 SPF or higher. Apply 20 mins before going outside and re-apply every 2 hours.**
- Once the sloughing is complete, you may resume your normal skin care regiment.

What to expect after treatment

- Immediately following the treatment, you will experience mild to moderate erythema (redness of the skin.) This can last up to 24 hours post treatment.
- The day after treatment, you should expect a “sand paper” like texture and feel to your skin. This can last anywhere from 3-5 days. **Do not** use a Clarisonic or any exfoliating products to speed this process up, as this could compromise the treatment.