

After your KYBELLA Treatment

- Apply an icepack to the treatment area for 10-15 minutes or longer as needed for comfort.
- DO NOT take any Aspirin or other NSAID medications (Advil, Aleve, Naproxen, Bayer). These are all anti-inflammatory medications and will counteract the body's inflammatory process needed for skin tightening.
- Expect *significant* swelling in the first 48 hours.
- You may have a jiggly 'water balloon' sensation for up to 1 week.
- A hard golf-ball sized lump may develop within the first week and indicates that you will be getting a great response.
- Swelling will slowly decrease over the next 5 weeks.
- Bruising can take two weeks or more to heal.
- Any numbness of the area typically resolves within 5 weeks, but can last up to 3 months or more.

Achieving optimal results *may require* 3 sessions, spaced 8 weeks apart. Please schedule and plan accordingly.